

Make Every Moment Matter

Grandparents Activities Booklet



Snohomish Community Church
Grandparenting Ministry

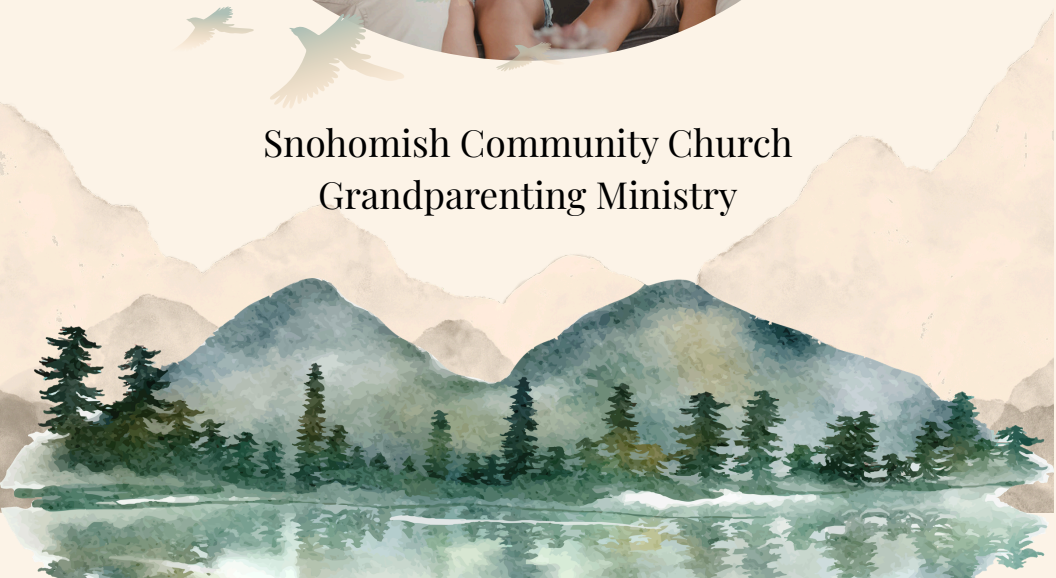




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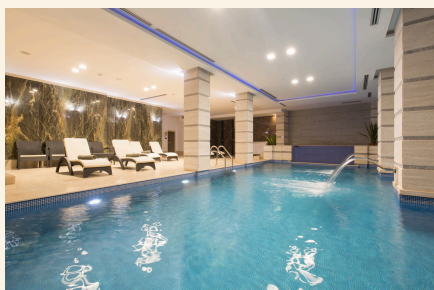


OUT & ABOUT ACTIVITIES



Out & About Activities

- Go on a spontaneous car trip and don't let them know where you are going – “kidnap” overnight, with parent's permission, to a surprise location (nearby hotel with indoor pool, free breakfast)



- Visit the Splash Pad at Haller Park in Arlington, Willis Tucker in Snohomish, Lake Forest Park in Everett, or Spray Park in Marysville



Lake Forest Park in Everett



Splash Pad at Haller Park



Out & About Activities

- Visit the zoo – Woodland Park Zoo in Seattle



Woodland Park Zoo



- Visit a kangaroo farm _ Fall City Wallaby Ranch in Fall City or Outback Kangaroo Farm in Arlington



Fall City Wallaby Ranch



Bridges Pets & Gifts

- Visit a pet store – Bridges Pets & Gifts in Snohomish

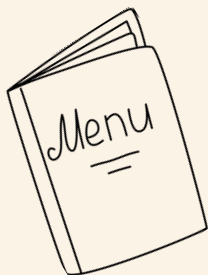


Out & About Activities

- Dress up and go out to a fancy restaurant



- Go out for pizza, sushi, ice cream, frozen yogurt, or burgers and catch up with what is happening in their lives



- Try out a new restaurant, preferably one with food neither of you have had before



Out & About Activities

- Visit the Mukilteo Lighthouse / Mukilteo Beach – print a tide schedule and look for a super low tide and explore the tide pools



Mukilteo Lighthouse



Mukilteo Beach

- Take the Mukilteo ferry to Whidbey Island and visit Langley, browse the Island County Museum, take a tour of Fort Casey, rent kayaks, go to the Langley Whale Center, or sail on a schooner (May–October)



Langley Whale Center



Whidbey Island

Out & About Activities

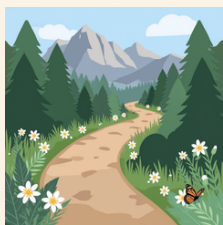
- Take a trip to Barnes & Noble to choose a special book to enjoy, or a Christian bookstore to choose a devotional book to do together



- Visit a library and check out a good book, attend a storytime, Lego building or other scheduled activity



Out & About Activities



- Go on a nature walk and use Seek App to identify plants, flowers, and trees

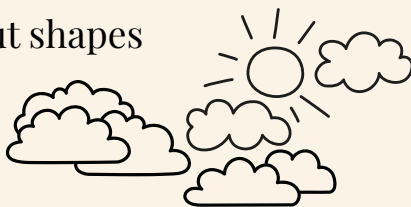


- Start a collection of rocks, butterflies, bugs, stamps, coins, shells



- Go berry picking - blueberries, strawberries, raspberries, blackberries and make a special dessert together

- Watch the clouds and point out shapes



Out & About Activities

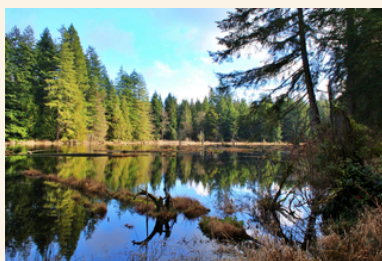
- Go hiking or swimming at Lord Hill Regional Park in Snohomish, Forest Park in Everett, or North Cove in Lake Stevens



Lake Forest Park



North Cove



Lord Hills Regional Park



Gold Creek Trout Farm

- Go fishing at Gold Creek Trout Farm in Woodinville



Out & About Activities



- Go to a local sporting event – Aquasox, Silvertips, local high school, etc.



- Play frisbee golf at Ferguson Park/Blackman Lake in Snohomish, Valley View Middle School, or Thornton Park by Silver Lake



Thornton Park

- Play mini golf at Snohomish Valley Golf Center



Snohomish Valley Golf Center

Out & About Activities

- Take a picnic and enjoy the scenery at a park, or play on the playground



Camano Island State Park



Pilchuck River Park

Here's a few recommended possibilities:

- Pilchuck River Park in Snohomish
- Wallace Swamp Creek Park in Kenmore
- Thornton A. Sullivan Park in Silver Lake
- Camano Island State Park



Wallace Swamp Creek



Out & About Activities

- Visit a local fire station



Snohomish Regional Fire & Rescue

- Visit Flying Heritage & Combat Armor Museum in Everett

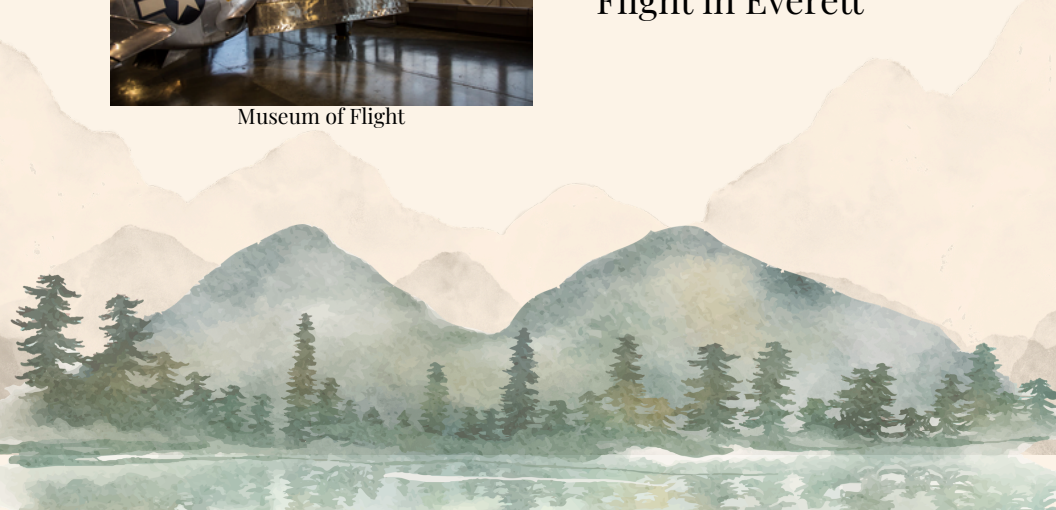


Flying Heritage & Combat Armor Museum



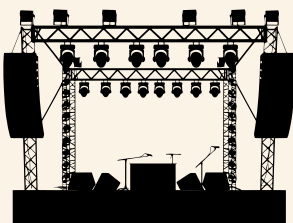
Museum of Flight

- Visit the Museum of Flight in Everett



Out & About Activities

- Attend an outdoor concert and talk about concerts you went to when you were younger



- Go line dancing or square dancing



- Attend area festivals, state fairs, community events, farmers markets



Out & About Activities

- Visit Angel of the Winds Community Ice Rink in Everett for ice skating



Angel of the Winds

- Visit Altitude Trampoline Park in Marysville or Flying Squirrel in Everett



Altitude Trampoline Park



Flying Squirrel

Out & About Activities

- Do various acts of kindness together
 - help with yardwork, provide a meal, bring flowers, or bake cookies for a neighbor or someone in need
 - provide a Thanksgiving dinner through Homage Senior Services for Snohomish County
 - Visit a shut-in or someone that is homebound
 - Serve at a local food bank



- Go garage sale hunting or to a local thrift store to purchase something under a given amount



Out & About Activities

- Visit the Imagine Children's Museum in Everett



Imagine Children's Museum



- Visit the Monroe Wildlife Center (formerly the Reptile Zoo)



Monroe Wildlife Center



Out & About Activities

- Have a beach day at Jetty Island, Everett Harbor (summer months only)



Jetty Island

- Go star gazing - learn the constellations, search for them, and try counting all the stars God made



Out & About Activities

- Discover the Northwest Stream Center in Everett



Northwest Stream Center

- Visit the Port of Everett Waterfront Trail system - nearly 4 miles of paved, continuous paths



Everett Waterfront



Port of Everett Waterfront Trail System

Out & About Activities

- Visit Luckie Farms in Lake Stevens
- Visit Bob's Corn in Snohomish

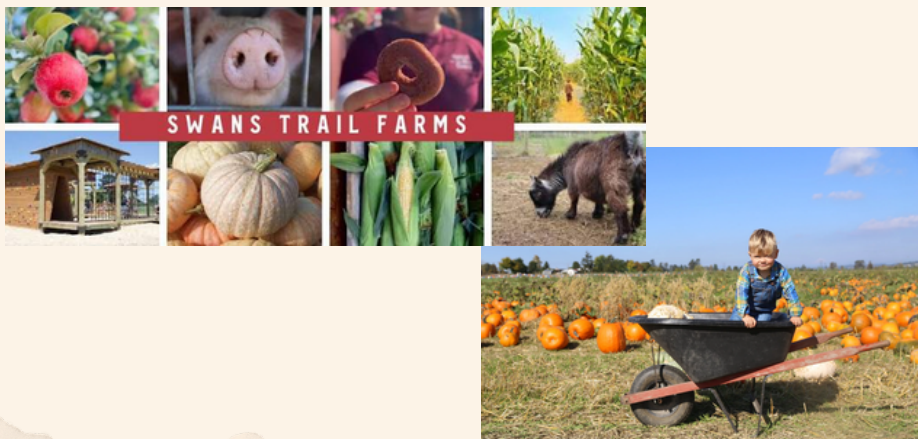


Bob's Corn



Luckie Farms

- Visit Swans Trail Farms – multiple festivals/camps through the year – pumpkins, strawberries, etc.



Swans Trail Farms



Out & About Activities

- Visit Snoqualmie Falls and the Northwest Railway Museum, and take a train ride through the upper Snoqualmie Valley



Steam train rides



Northwest Railway Museum

- Walk, run, or bike on Centennial Trail – Snohomish to Skagit County



Centennial Trail

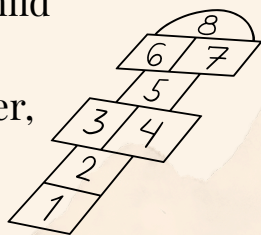
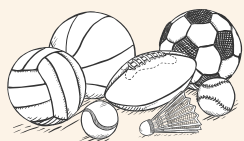


AT HOME ACTIVITIES



At Home Activities

- Indoor winter activities – snowball fight using tissue snowballs or wadded up socks, snow shovel race using cotton balls and spoons, see who can get the most cotton balls into the mason jar in 2 minutes using only a spoon
- Indoor sports night – play hockey together using old tennis rackets, foil “puck” and boxes for goals, table soccer by blowing ping pong balls into a goal, laundry basket basketball with rolled up socks, or balloon volleyball or badminton
- Sleepover camp out – set up a tent and sleep in the backyard or set up inside, or build a blanket fort
- Teach them games you enjoyed as a child like hopscotch, jump rope, 4-square, marbles, jacks, pick up sticks, red rover, mother may I, yo-yo, solitaire



At Home Activities

- Make cookies together



- Taste test – blindfold kids and they have to guess what they are tasting

- Teach them how to preserve vegetables or fruits from the garden



- Build your own pizza night

- Ice cream sundaes – take kids shopping for the toppings



- Dress up and have a teddy bear tea party

- Make homemade taffy and have a taffy pull party

- Make popsicles, or homemade ice cream



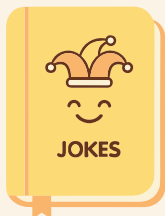
At Home Activities

- Glow stick dance party

- Freeze dance



- Show time! Kids put on a “show” for Grandma and Grandpa (read jokes, puppet shows, sing or play an instrument, etc.)



- Have them make a playlist of their favorite songs for you, or sing Karaoke



At Home Activities

- Plan an art night
- Draw with sidewalk chalk



- Science projects

- Paint with water, with old paint brushes on fence or wherever



- Have a spa day

- Design a family crest that represents your family values



- Carve pumpkins

- Decorate Christmas cookies or make gingerbread houses

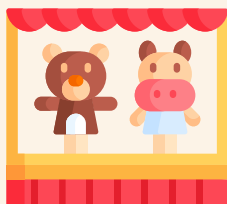


At Home Activities

- Make homemade playdough and make your own creations with it



- Make puppets from paper bags or socks and put on a puppet show



- Make paper airplanes and see whose flies the farthest or straightest



- Paint rocks

- Tie-dye t-shirts and take a photo wearing them



At Home Activities

- Color together and have Christian music playing in the background



- Read from a children's Bible, pray, and tuck them in for nap or bedtime

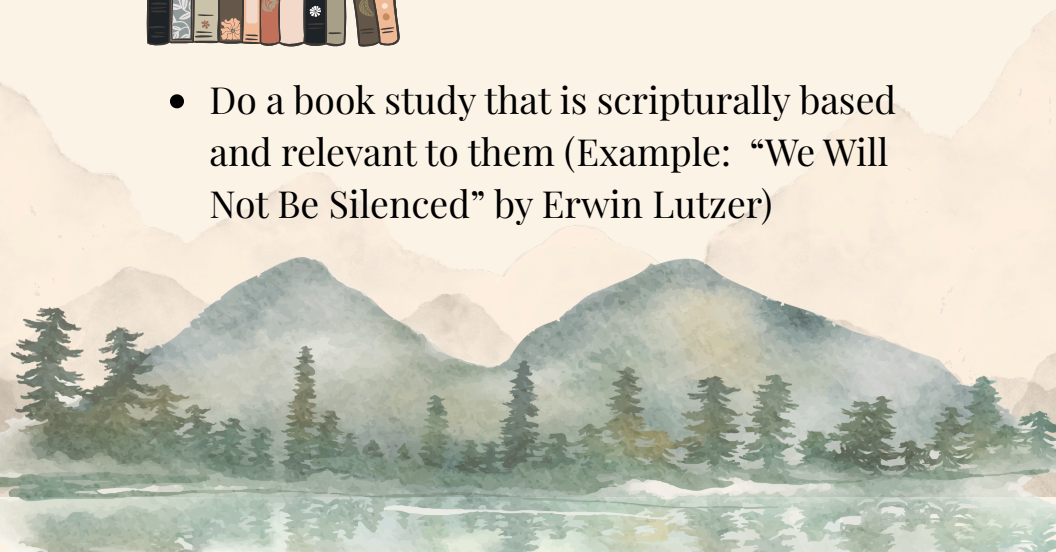
- Study Proverbs together by reading one each day and discussing; choose several verses to memorize such as Proverbs 3:5-6



- Read together and discuss a good book like *Pilgrim's Progress*, *Screwtape Letters*, or *Chronicles of Narnia*



- Do a book study that is scripturally based and relevant to them (Example: "We Will Not Be Silenced" by Erwin Lutzer)



At Home Activities

- Make a no-sew fleece blanket and deliver it to a homeless shelter



- Share a favorite scripture passage together

- Research family history together
- Host a family legacy night where they can ask you any question about the family



At Home Activities

- Have a hot cocoa and Christmas movie or just movie night anytime



- Indoor beach night in the garage, using tubs with sand
- Make a bird feeder and observe/record species of birds (point to the Creator), and identify birds with Merlin Bird ID App
- Treasure hunt with clues that takes them to different places all over the house and leads them to a treat or prize in the end

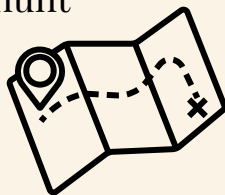


- Hide & seek, or flashlight hide & Seek in the dark



At Home Activities

- Go on a scavenger nature hunt around the neighborhood



- Play in the sprinkler or slip 'n slide

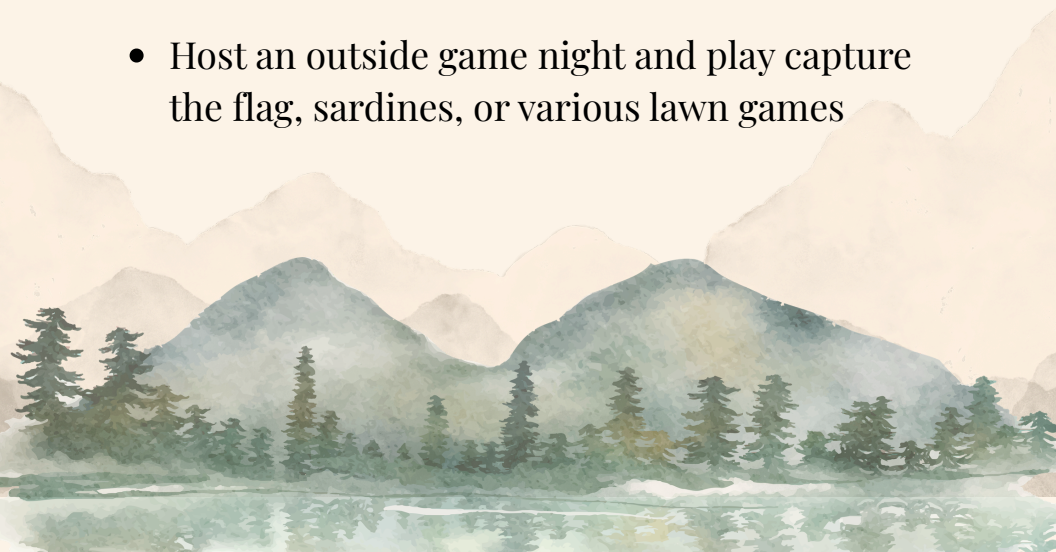
- Go on a treasure hunt in the yard - create the map ahead of time, and the treasure could be a special treat, prize, or game

- Outdoor movie night with popcorn



- Make a campfire and enjoy s'mores, share stories of favorite memories

- Host an outside game night and play capture the flag, sardines, or various lawn games



At Home Activities

- Play card games or board games



- Play charades or pictionary

- Flashlight night – do everything with flashlights on and no house lights on

- Minute to Win It games (available online)

- Jigsaw puzzle night (age appropriate)



- Teach your grandkids a skill like cooking, woodworking, fishing, crocheting, or changing a tire



Resources for Long-Distance Grandparenting

- Grand Gifts of Time (@grand_gifts_of_time) - 80 ideas for long-distance grandparenting

Follow on Instagram or scan the QR code!

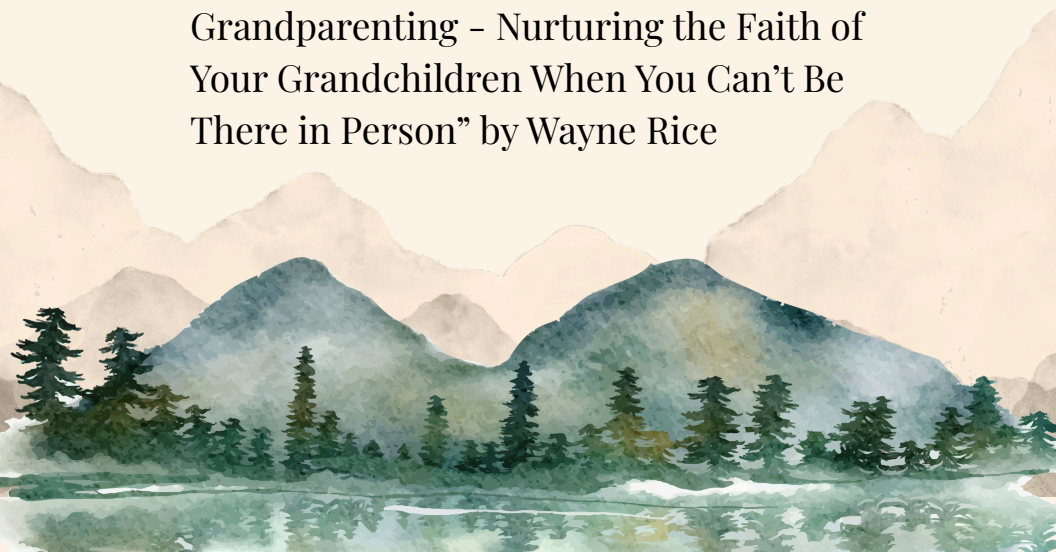


- The Long Distance Grandparent-
thelongdistancegrandparent.com

Go to the website or scan the QR code!



- Recommended Book: “Long-Distance Grandparenting - Nurturing the Faith of Your Grandchildren When You Can’t Be There in Person” by Wayne Rice



Most importantly...

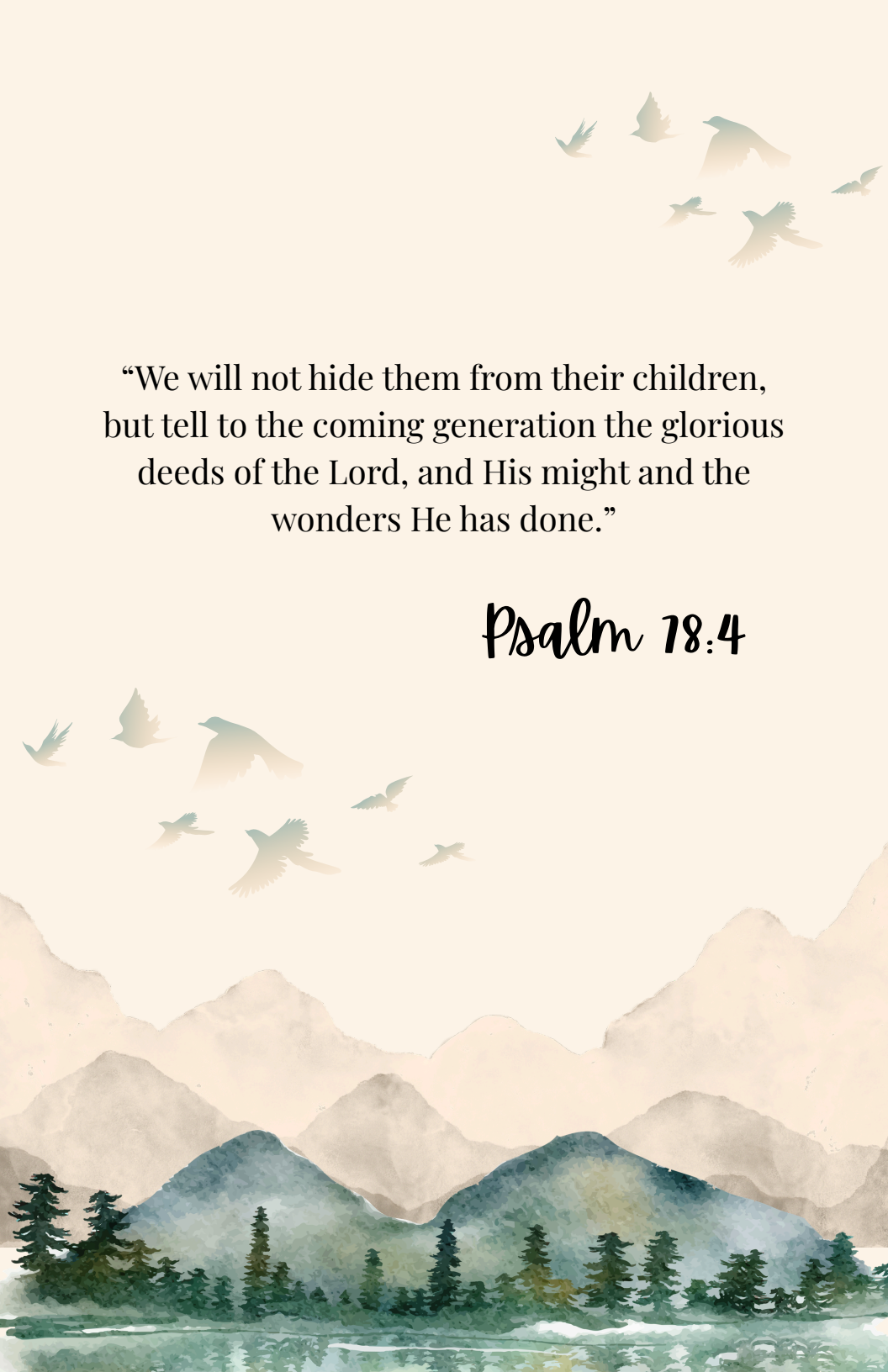
Make every moment matter, as you grow together
in your love for one another and the Lord.



Snohomish Community Church

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A watercolor illustration of a mountain landscape. In the foreground, there is a body of water reflecting the sky and mountains. A line of dark green evergreen trees sits on the shore. Behind them are several layers of mountains, with the closest ones in shades of blue and green, and the more distant ones in soft, hazy tones of yellow and orange. The sky is a pale, warm yellow, and several birds are depicted in flight, their forms rendered in soft, painterly strokes of blue, green, and yellow. The overall mood is peaceful and serene.

“We will not hide them from their children,
but tell to the coming generation the glorious
deeds of the Lord, and His might and the
wonders He has done.”

Psalm 78:4